

FUTURE INDUSTRIAL TECHNOLOGIES



PREVENTING TOMORROW'S INJURIES TODAY™

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Coming Soon! On-Line Sittingsafe® Class for Office and Work-at-Home Employees

Predictability, Production, and Workers' Comp Costs

If New Orleans is called The Big Easy for its easy going way of life, 2020 can be called The Big Un-Easy for the relentless disruption to people's lives throughout the world. You name it, whether it be our work lives or personal lives, predictability seems to be only a memory.

Control is the hallmark of successful people, companies, management, athletes, coaches, musicians, plumbers, painters, doctors, mechanics, etc. The better we control our things, tools, staff, finances and other aspects and spheres of our existence, the happier and more successful we are. Control is vital to good living to such an extent that we can trace back most problems to a point of losing some aspect of control about it.



Control is a way of predicting the future. An experienced driver can predict their vehicle will end up at their destination versus a 12 year old out on a joyride; a good manager can predict "x" amount of production every week; a company with successful managers can usually predict an up trending production graph; and so they tell me, a good golfer can most of the time predict a general direction of where the ball ends up!

2020 has demonstrated to all of us how much our lives depend on predictability and our ability to control things in our lives. Personally I have felt unsettled and I don't like it! When can I open up my business? When can my clients open up their businesses? When can I bring my employees back into the office? Will my daughter be going off to college? Will this virus go away? Will friends and family get sick? When can I ditch these irritating masks? How bad are things going to get? And on and on.



The good news is there is only so long people can tolerate not being in control of their lives. Humans are like those [Weebles](#) that you just can't keep down ("Weebles wobble but they don't fall down"). We can only take so much "uncontrol" in our lives. So, what *can* we control? Well, how about just accepting for the time being that the world has the predictability of a bouncing football? And maybe we think about controlling today and tomorrow and not so much the next year? We can do our best to control "now" and as for an attitude for our future, well "I am very capable and I will do the best I can until this situation returns to normalcy"; which it will because humans are like those Weebles and will figure out how to beat this thing.

FIT started our quest to prevent back and shoulder injuries in 1992. Talk about an aspect of human life with predictability issues!! 80% of the population experiences back pain in their lives which indicates it is something we don't have great control over.

Yet we knew that in order to help people and companies, we had to find *that thing* that does give people control over their lifestyle, that helps people to predict that they will be able to live without life altering pain. There was one underlying datum that kept us on our path to success and that was "there has to be something that can be done about these painful injuries"!



What was the one thing that was preventing people from being in control of their back and shoulder health? We found it and developed 2 programs: [Backsafe®](#) and [Sittingsafe®](#), that finally put employees in charge of their well-being and put companies more in charge of their production and workers' comp costs.

PREDICTABILITY = CONTROL = SUCCESS

When you can predict that your employees will be injured less, you can better control production, morale, and profits.

2020 will cause many changes in many lives. But remember like that Weeble, we can't be tipped over for long!

For more information on our Backsafe and Sittingsafe injury prevention programs please call us. Preventing painful and costly back, shoulder and ergonomic injuries is a win/win!

Call us...

1-800-775-2225

Email: dennis@backsafe.com



Prevent tomorrow's injuries today! TM

Dennis Downing, CEO

Future Industrial Technologies, Inc.

dennis@backsafe.com

(800) 775-2225

“This training was very helpful. Very well instructed.”

- From an Illinois Shuttle Service



This article may be reprinted in its entirety provided that the following resource is left intact:

Future Industrial Technologies, Inc. (FIT) offers workplace safety and ergonomics training programs. Backsafe[®] teaches employees how to perform their specific job tasks in a manner that is biomechanically correct. Sittingsafe[®] teaches office employees how to adapt their existing workstations so they are ergonomically correct. These injury prevention programs make your workplace safer and are proven to reduce injuries and worker compensation insurance costs.

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Call Toll Free: 1 (800) 775-2225 | Tel: (805) 967-2485 | Fax: (805) 967-2487

Email: info@backsafe.com | <http://www.backsafe.com>